

# 2 Hour Workshops on Improving Your Singles Play with Rodney and Caroline

## **Session 1: Thursday June 17<sup>th</sup> 7-9pm**

Drills involving tactical & technical aspects including:

- Dominating the point
- Dictating with the 1st serve
- Attacking and moving up the court
- Sneak approach shot
- Mid court put away
- How to defend

Q & A Forum (with free drink) 9 - 9.30pm

**Level:** Ladder 5 and above or equivalent standard.  
Good fitness level required.

To confirm your place book and pay by Thurs June 10th

## **Session 2: Thursday June 24<sup>th</sup> 7-9pm**

Drills involving tactical & technical aspects including:

- Fundamentals of match play
- Choosing the right game plan
- Shot selection
- The art of point scoring

**Level:** Ladder 6 -10 or equivalent standard.  
Good fitness level required.

Q & A Forum (with free drink) 9 - 9.30pm

To confirm your place book and pay by Thurs June 17th

## **Details:**

**Price:** £14 for 2hr session if booked in advance.  
Booked and paid for a week in advance.  
£17 per session otherwise.

We can offer a much better session if we know in advance who is attending.

Max ratio 8 people per coach (2 coaches) on 4 courts.  
Both Rodney and Caroline will work with all the group.

**To book: call or email  
Caroline on 07940 717929  
caroline1tennis@yahoo.co.uk**

