

## Tennis Team Training 2008

This year we are going to try something a little different. After consulting with members and the relevant committees, it's been clear that the notion of 'team trials' is unpopular and provides very limited information on the best system and pairs within each team. As a result, we want to put more emphasis on playing with regular partners whose track record has built up over the years. From Rodney and Caroline's perspective they will be looking to provide more input into a specific team strategy per pair/team, and the sessions will include a mixture of match play/ drilling that will be game based and will benefit you in your doubles game. **To note we will not be recording scores as per previous years.**

As a result of this change, the team practice will start with all members playing in the same team as 2007, and more importantly with the same partner. To help the coaches, at each session, (where possible) please ensure that you pair up with your regular doubles partner from 2007?

Although we are starting from this basis I would like to emphasise that there will be opportunities to move up, and decisions will be made at the discretion of the coaches and the team captains.

As always the team practice is open to all members; for those who did not play last year please email/call me as soon as possible and I will ensure that you are included in the appropriate practice session?

The team practices will start the week beginning **March 10th over a 6 week period**. The schedule is as follows:

<b>Days</b>	<b>7.00pm to 8.30pm</b>	<b>8.30pm to 10.00pm</b>
Monday (10/03/2008)	Womens 6	Womens 4 and 5
Tuesday (11/03/2008)	Mens 3 and 4	Mens 1 and 2
Wednesday (12/03/2008)	Womens 1,2 and 3	Mens 5,6 and 7

We would like to see a large turnout for both Mens and Womens training, and from the coaching team at Highgate we hope that it is an overall more fulfilling experience than years gone by.

Regards  
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